

JRCPTB

Joint Royal Colleges of Physicians Training Board

Minimum numbers of clinics expected for Metabolic Medicine

Please find below the recommended clinic number for Metabolic Medicine trainees as approved by the Specialty Advisory Committee (SAC) in Metabolic Medicine.

You may notice that in some instances the recommended numbers of clinics has been reduced, this is because for the majority of metabolic medicine trainees, these areas are unlikely to feature significantly in future consultant job plans. In addition, this reduction in clinic numbers will allow trainees more time to attend clinics in the areas of special interest to them.

It is expected that trainees who wish to develop a special interest in any of these areas will want to far exceed these numbers.

Specialty area	Recommended minimum number of clinics for training
<u>Nutrition</u> - Expected minimum 6 patients seen per clinic / round	
Obesity Clinics (ideally with bariatric surgery)	10
Nutrition support ward rounds (TPN)	25
<u>Inborn Errors of Metabolism</u> - Expected minimum 4 patients seen per clinic	
Three month attachment to Tertiary Paediatric Laboratory	
Paediatric IEM } Adult IEM } - PKU Clinics }	25
<u>Lipids/CVR</u> - Expected minimum 6 patients see per clinic	
Lipid Clinic	40
Hypertension Clinic	10
Or	
Formally combined CVR factor clinics	50
<u>BONE/CALCIUM</u> - Expected minimum 6 patients seen per clinic	
Metabolic Bone Clinics	40
Or	
Osteoporosis	25-30
	40 combined
Endocrine/other bone disorder clinics	10-15 clinics
<u>DIABETES CLINICS</u> - Expected 6 patients seen per clinic	
Diabetes clinic with Type 1 and 11 diabetes	40