

Guidance on implementation of changes to the Endocrinology and Diabetes curriculum

Background

The section on appetite and weight (section 3.7) in the 2010 Endocrinology and Diabetes Mellitus curriculum has been re-designed with a focus on training towards specialised medical weight management.

With the increasing incidence of obesity across the country it is estimated that 26% of adult population in UK are obese or overweight. This has led onto development of services like bariatric surgery and tier 3 specialist weight management services, which needs to be led by bariatric physicians across the country. As most problems associated with obesity are metabolic problems like type 2 Diabetes and dyslipidaemia, the endocrinology diabetes trainees are ideally placed to obtain a holistic training towards taking care of people with obesity.

Section 3.7 has been re-written with specific focus on weight management, including investigating for secondary causes of obesity, assessing psychological aspects of obesity and multi-disciplinary management of obesity. Currently weight management is provided across the country mainly by the specialists in diabetes and endocrinology and this curriculum change will provide a structure to formal training in this very important domain.

The change to the curriculum will ensure trainees can record progress in the updated competencies in the e-Portfolio on a regular basis which will be constantly reviewed by the educational supervisor and annually by the ARCP process.

In addition a number of generic changes have been made to the curriculum.

Summary of curriculum revisions:

- Amendment of syllabus content in relation to weight management
- Addition of Multiple Consultant Report (MCR) to reflect that has been in use since 2013
- Addition of Quality Improvement Project Assessment Tool (QIPAT)
- General updates of Good Medical Practice, equality and diversity policies and ARCP decision aid

The revised curriculum will come into effect for trainees starting in post from 1 August 2017 and for trainees transferring as detailed below.

Transitional requirements

The GMC requires trainees who are working towards a Certificate of Completion of Training (CCT) to transfer to the most recent GMC approved curriculum (see [GMC position statement](#)) with a maximum two year transition period for new/revised curricula. All trainees are encouraged to transfer to the current curriculum so as to ensure that they will be fully up to date with current requirements for their specialty to ensure patient safety.

Year 1-3 trainees (ST3-ST5)

- Trainees starting training on or after 1 August 2017 should use the revised amended curriculum

- Trainees in ST4-ST5 from August 2017 should use the revised curriculum and will be expected to demonstrate that they have met the competencies in section 3.7 in relation to weight management.
- It should be recorded in the educational supervisor (ES) report and the ARCP that the trainee has transferred to the revised curriculum.

Year 4-5 trainees (ST6-ST7)

- Trainees in their final two years of training in August 2017 will not be mandated to record evidence or progress for the new section but will be encouraged to seek opportunities in getting the relevant training in weight management.
- If training time is extended beyond two years (ie CCT date will be after August 2019) it will be necessary to transfer to the revised curriculum.

Less than full time training / Out of programme

- Trainees in less than full time training or who are/planning to be out of programme should discuss the revised curriculum with their educational supervisor.
- Any training requirements should be agreed with appropriate timelines and documented in the ES report and ARCP form.

Eportfolio guidance

- The 2017 amendments to the 2010 curriculum will be added to the ePortfolio. There will not be a separate curriculum so trainees can continue to use the current curriculum in the e-portfolio and maintain their linked evidence.
- Decisions regarding meeting the revised curriculum content should be recorded in the ES report and the ARCP form.

Please contact curriculum@jrcptb.org.uk if you have any queries regarding the new curriculum and transitional arrangements.